

THE EQUINE CONNECTION PRESENTS

an
Open House

You are invited for a free experience of the unique and powerful benefits of equine-assisted learning.

Through experiential exercises with horses, not on the horses, a person's self-awareness is increased and therefore their ability to make choices about how to live their life. Self-awareness grows around the everyday issues of trust, using one's voice, setting personal boundaries and using body language. Horses help us come home to ourselves, to connect with what is meaningful to us.

Saturday, March 21

2:00 - 4:00pm

The Equine Connection

5641 Malim Road, Vernon, BC

Don't miss this opportunity to experience horses teaching humans about: body language, communicating feelings, exploring trust, noticing personal boundaries & more – all within the setting of a beautiful piece of nature. At 4:30pm there will be a demonstration of equine-assisted learning exercises that can be used in teambuilding sessions, and for your own personal development.

To reserve a spot call Wendy Elrick @ 778.475.6077 or email welrick@shaw.ca

MORTEN BYSKOV PHOTO

The Equine Connection
www.wendyelrick.com